

## Howard County Local Health Improvement Coalition

Behavioral Health Work Group Meeting

October 18, 2018; 9:00 am -10:30 am

Howard County Health Department

Barton A/B Conference Room

### Minutes

#### Members Present:

Kathy Brooks- Jones, Columbia Association  
Michelle Beadle Holder, Food at the Center  
Tiffany Callendar, Horizon Foundation  
Denise Giuliano, NAMI HC  
Olivia Farrow, St. Agnes Hospital  
Lois Joellenbeck, Howard County Health Department  
Stu Kohn, Howard County Citizens Association  
Elizabeth Menachery, Howard County Health Department

Claudia Lempges, Howard County Health Department  
Jackie Pettis, Beacon Health Options  
Colleen Nester, Howard County Health Department  
Maura Rossman, Howard County Health Department  
Becca Scharf, Howard County Fire and Rescue  
Naeemah Staggs, Community Member  
Liesele Wood, Howard County Health Department

#### Guests Present:

Kayla Blasher, Howard County Health Department  
Katie Downes, Congruent Counseling Services  
Calvin Holmes, Kaiser Permanente  
Sonya Lloyd, Howard County Health Department

Aisha Masood, Community Member  
Catherine Roogow, Community Member  
Kelly Wasson, Department of Social Services  
Earl Woodard, Department of Social Services

#### HCLHIC Staff Present:

Sharif Braxton, HCLHIC Program Coordinator  
Lauren Williams, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome and Introductions</b>	Lauren Williams called the meeting to order at 9:03 am. Participants introduced themselves.	
<b>Approval of Minutes and Member Announcements</b>	Lauren Williams provided a brief recap of the meeting on August 30, 2018. A motion was made to accept the minutes as written by Liesele Wood and seconded by Claudia Lempges.	Lauren Williams sent a follow-up email to work group members following the meeting with links and information.

	<p>Lauren Williams discussed the following announcements :</p> <ul style="list-style-type: none"> <li>• <a href="#">Howard County 50 Plus Expo</a></li> <li>• <a href="#">Community Forum on the Opioid Crisis</a></li> <li>• <a href="#">NAMI HC 4<sup>th</sup> Annual Basket Bingo</a></li> <li>• <a href="#">Drug Take Back Day in Howard County</a></li> <li>• <a href="#">Howard County Recovery Walk</a></li> </ul> <p>Lauren Williams shared the outcomes from Walk Maryland Day and the HCLHIC Virtual Walk.</p>	<p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming Behavioral Health Events: <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/">http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/</a>.</p> <p>To request an event be added to the HCLHIC Community calendar contact Kelly Kesler at <a href="mailto:kkesler@howardcountymd.gov">kkesler@howardcountymd.gov</a>.</p>
<p><b>Robert Wood Johnson Foundation Study</b></p>	<p>Lauren Williams briefly shared the outcomes from a recent study published by the Robert Wood Johnson which shows significant gaps in life expectancy that persists across many United States cities and towns.</p> <p>The website allows you to enter an address/zip code to see life expectancy comparisons at the County, State, and national levels. The study encourages us to explore how life expectancy in America compares with life expectancy in various community areas to help everyone have the opportunity to live a longer and healthier life.</p> <p>According to the website, the life expectancy is 78.80 in East Howard County compared to 84.90 in Central Howard County.</p>	<p>For more information please visit: <a href="https://www.rwjf.org/en/library/interactives/whereliveaffectshowlongyoulive.html">https://www.rwjf.org/en/library/interactives/whereliveaffectshowlongyoulive.html</a></p>
<p><b>Youth Suicide Prevention Campaign Updates</b></p>	<p>Colleen Nester reviewed the Howard County Health Department Youth Suicide Prevention Campaign and asked for members to provide feedback via the survey link.</p> <p>The link to survey for feedback was emailed to work group members following the meeting.</p>	<p>Members interested in joining the Youth Suicide Prevention Campaign work group may contact Colleen Nester at <a href="mailto:cnester@howardcountymd.gov">cnester@howardcountymd.gov</a></p>
<p><b>Question, Persuade, and Refer (QPR) Training</b></p>	<p>Lauren Williams shared the purpose of the training was to review the language used</p>	<p>Tina Field will send additional resources to Lauren Williams to share with work</p>

	<p>around suicide. QPR is beneficial for reviewing the proper language to use, the signs and symptoms of suicide and providing resources for help.</p> <p>Tina Field from Grassroots Crisis Intervention provided members with the QPR training.</p> <p>Lauren Williams provided a sign-up sheet for members interested in having Grassroots conduct a QPR training at their organization.</p>	<p>group members.</p> <p>Members interested in having Grassroots conduct the QPR training at their organization may contact Tina Field at <a href="mailto:tina@grassroots.org">tina@grassroots.org</a>.</p> <p>Tina Field will follow up with members interested in having a QPR training at their organization.</p>
<p><b>Next Steps and Wrap Up</b></p>	<p>Lauren Williams reminded members to:</p> <ul style="list-style-type: none"> <li>○ Complete the Suicide Prevention Campaign Survey</li> <li>○ Sign up to have their organization trained on QPR if interested.</li> <li>○ Engage in the November Action Alert Tool.</li> </ul> <p>The meeting was adjourned at 10:30 am.</p>	

Respectfully submitted by  
 Lauren Williams, M.P.H., CHES  
 Coordinator, Howard County Local Health Improvement Coalition